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Issue 18 - Quarterly

January, February, March, 2010

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I give it a 10.....2010

A new year a time to start fresh, maybe you want to loose weight, get a new hobby, or just become more active. The senior center has something for everyone.

The Senior center offers many different ways to improve your well being including shedding some of those holiday pounds. Our ACES program is a modifiable exercise class that is sure to get your blood pumping another option could be Body Recall a

low impact high fun class. Group exercise not for you? Check into our Healthlete program. Hunting a new hobby? The senior center has something for everyone from Aerobics to Quilting see a staff member for more on these exciting classes. In search of an adventure? Try one of our trips you never know where we will end up next. Take a look and make a list of your top 10 things to kick off the new year.

** See a staff for more program info.*

Special Points of Interest:



Noon Years!

Toast the “Noon” year at our Fourth Annual Noon Years Bash! Enjoy a festive countdown to noon and refreshments. Remember, in Tennessee they believe that what happens on the first 12 days of January predicts how each corresponding month will pan out. Laugh with us on the 5th and May will surely be full of joy for you! Sign-up today.

DATE: January 5
TIME: 11:30 AM
Cost: \$5.00 MUST RSVP

Special Events in January



Chorus Line

Find out who will get chosen for the Chorus Line. Seventeen young people are all taking part in the audition of their lives. See who makes the cut and get to know the story that has been one of the longest running American Musicals. *Minimum of 6*

DATE: January 6
TIME: 7:00 PM
COST: \$ 34.00

Domino Tournament

Every month a new team gets the title of 42 champ. Will your team be next? Bring a partner or come solo and let us pair you up with another excellent 42 player. Tournament is double elimination.

DATE: January 11
TIME: 1:00 PM

Lunch Bunch -

Morenos

Lets start the new year off spicy! Join us for some Mexican food suggested by our very own Joan Pagan. Thanks for the great suggestions *Minimum of 6*

DATE: January 19
TIME: 11:00 AM
COST: \$2 plus the cost of your lunch



Cake Decorating

Our very own Cathy Hollis will be teaching her cake decorating class again. Join her every Tuesday in January for this sweet class that will have you decorating like a pro in no time. Supply list will be given at the first class

DATE: January 5-26
TIME: 1:00-3:00 PM
COST: Your supplies

Learning Lunch

The Second Thursday of every month come have lunch on us and learn a little something while you are here. Topics will vary but will always be top notch. Join us, I bet you learn something.

DATE: January 14
TIME: 11:00 AM
COST: FREE



More Events in January

Railean Distillery

“We are headed to a small drinking town with a big fishing problem” otherwise know as San Leon. You will meet the founders of Railean Distillers and they will explain how they got into the rum business and how RAILEAN rum is made. Included is a discussion on sugarcane and the fermentation process, distillation theory and operation of the still, dark versus white rum, barrel aging and the bottling process.

Minimum of 6

DATE: January 25 TIME: 10:00 AM COST:\$4.00 plus lunch



Senior Dance

Dance the night away or just relax to the live sounds of *Country Now & Then*. Bring a friend and have some fun! Refreshments will be provided, so you don't have to bring a snack.

DATE: January 19
TIME: 7:00 PM
COST: \$5.00



Delta Downs

Do you feel lucky...Do ya? Then sign up fast to head with us to LA for some casino fun. This is the first trip of the year so don't miss out.

Minimum of 10

DATE: January 28
TIME: 7:00 AM
COST: \$10.00

Forgotten Gateway

The exhibit at Moody Gardens chronicles the Port of Galveston's largely forgotten history as a major gateway to American immigration from 1845 to 1924. Forgotten Gateway builds on a growing scholarly and public interest in the history of migration patterns to America and Galveston's place as one of the nation's top immigrant ports in that history. *Minimum of 6*

DATE: January 11
TIME: 9:30 AM
COST: 14.00



Special Events in February

Lunch Bunch-T-Bone Tom's

This super yummy restaurant was recently featured on the Food Network show Diners Drive-in's and Dives. Thanks Carmen Alverado for suggesting this fun place to eat. *Minimum of 6*

DATE: February 8
TIME: 10:30 AM
COST: \$4.00 + Lunch



Newman's Castle

We are headed to Bellville to see an actual castle complete with draw bridge. The tour comes complete with lunch and experienced tour guide
Minimum of 10

DATE: February 23
TIME: 8:30 AM
COST: \$ 23.00

Domino Tournament

Every month a new team gets the title of 42 champ. Will your team be next? Bring a partner or come solo and let us pair you up with another excellent 42 player. Tournament is double elimination.

DATE: February 8
TIME: 1:00 PM

Senior Dance

Don't miss all the boot scootin fun. Music and refreshments will be provided by Alvin High School PALS. Bring a friend and have a good time with us!

DATE: February 16
TIME: 7:00 PM
COST: Free!



My Funny Valentine

A deliciously funny and romantic romp through the incredible songs of Rodgers & Hart! Each musical gem is like a play in itself. Prepare to revel in classics like "Blue Moon", "Isn't It Romantic?", "Ten Cents a Dance", "Spring is Here", "Johnny One-Note", "The Lady is a Tramp", "Bewitched", "My Funny Valentine" and dozens more! *Minimum of 6*

DATE: February 4
TIME: 7:00 PM
COST: \$ 16.00

More Events in February



Miss Saigon

This inspired classic love story in wartime, have woven songs pulsing with memorable melodies and resonant lyrics. With its exotic setting, but familiar conflict of returning draftees, MISS SAIGON makes the story of MADAME BUTTERFLY new again. *Minimum of 6*

DATE: February 17
TIME: 7:00 PM
COST: \$43.00

Pageant Info Session

Come find out how you can become the next Ms. Alvin Senior. Hear from past queens about how much fun they have had holding the title. Its your time to shine.

DATE: February 25
TIME: 10:00 AM
COST: Free

Arthritis Info Session

Come find out how you can relieve some of that arthritis pain. This seminar will give you tips and tricks for alleviating arthritis pain. Lunch will be provided.

DATE: February 25
TIME: 11:00 AM
COST: Free

Learning Lunch

The Second Thursday of every month come have lunch on us and learn a little something while you are here. Topics will vary but will always be top notch. Join us, I bet you learn something.

DATE: February 11
TIME: 11 AM
COST: Free

Heart Healthy

It's is the time of year where all you see is hearts everywhere. But we aren't celebrating the valentine's heart we are celebrating your heart. Come enjoy a "Heart Healthy" lunch with us! All food will be prepared with your most important organ in mind. Make your reservation with a staff member by February 10th.

DATE: February 15
TIME: 11 AM
COST: \$5.00



Special Events in March

South Pacific

Set on a tropical island during World War II, the musical tells the sweeping romantic story of two couples and how their happiness is threatened by the realities of war and by their own prejudices. The beloved score's songs include "Some Enchanted Evening," "I'm Gonna Wash That Man Right Outta My Hair," "This Nearly Was Mine" and "There is Nothin' Like a Dame"

DATE: March 18
TIME: 7:00 PM
COST: \$43.00



Senior Dance

Dance the night away or just relax to the live sounds of *Country Now & Then*. Bring a friend and have some fun! Refreshments will be provided, so you don't have to bring a snack.

DATE: March 16
TIME: 7:00 PM
COST: \$5.00

Lunch Bunch - Hickory Oak BBQ

Come have some of the taste of Texas with us at this new Friendswood Hot Spot. Known for their ribs. I suggest bringing a friend and some wet knaps! Thanks Joan for the suggestion! *Minimum of 6*

DATE: March 4
TIME: 11:00 AM
COST: \$2.00

The Strand

Galveston's historic downtown district provides an opportunity to embark on a brief adventure! The downtown area offers an intriguing selection of shops, restaurants, galleries, and museums. Another fantastic find in our suggestion box

DATE: March 30th
TIME: 9:30 AM
COST: \$4.00

Domino Tournament

Every month a new team gets the title of 42 champ. Will your team be next? Bring a partner or come solo and let us pair you up with another excellent 42 player. Tell your friends, the more the merrier!

DATE: March 8
TIME: 1:00 PM
COST: Free

Lucky Leprechaun

There are only two kinds of people in the world, The Irish and those who wish they were. The Senior Center is celebrating with a Pot Lucky Leprechaun Lunch. Please call to sign-up.

DATE: March 17
TIME: 11:00 AM
COST: Your Irish Dish to share



More Events in March

Learning Lunch

The Second Thursday of every month come have lunch on us and learn a little something while you are here. Topics will vary but will always be top notch. Join us, I bet you learn something.

DATE: March 11
TIME: 11:00 AM
COST: Free



Lauberge Du Lac

Do you feel lucky...Do ya? Then sign up fast to head with us to LA for some casino fun. These trips fill out fast so make sure to sign up today!

Minimum of 10

DATE: March 24
TIME: 7:00 AM
COST: \$10.00

Coming Next Quarter



Mothers Day Brunch

“Making the decision to have a child is momentous. It is to decide forever to have your heart go walking around outside your body. “ ~Elizabeth Stone .Come let us treat you to all that you deserve. Enjoy a nice brunch on us .

DATE: May 7, 2010
TIME: 10:30 AM
COST: FREE

Fathers Day Lunch

Hats off to the builder of the play house, Mower of lawns, the jack of all trades. Come allow us to cater to you and enjoy lunch on us .

DATE: June 17, 2010
TIME: 11:30 PM
COST: FREE



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We're on the web

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Check us out Online !!!

Curious about what we do here? Get on our city website:

www.alvin-tx.gov

Then click on the Senior Center Link.

You can view all kinds of things:

- The Alvin Senior Center Monthly Newsletter
- The Special Events Quarterly
- Information about upcoming events
- Information about current programs



Sign-up on the city website to receive email alerts from the Senior Center. Log on and enter your email address. Then anytime there are updates or exciting news you will be the first to know!