COMMENTS FROM THE PRESIDENT

BACK TO SCHOOL! This is all we see in advertisements, on TV, and everywhere we turn. As a retired school counselor I can remember that those words meant the summer was over and back to work.

We at the Senior Center have our own starting anew as school children do. The activities, classes, and organizations that do not meet over the summer will start up again. Hopefully you attended the Open House/BBQ and looked at all the varied activities available at the Center. If you did not find the activity you are interested in talk to a staff member or Senior Citizens Board member about your suggestion. This is your Senior Center, and we like to hear from you.

The Country Western dances will begin monthly starting September 20. Even if you are not into dancing come to visit with friends, have refreshments, and listen to great music for just $5.00 a ticket. Just as dancing is good exercise Aces, Body Recall, and Dance Fitness offered at the Center and Tai Chi at the Methodist Church are wonderful programs to get you on your way to better health and fitness.

Some great trips are planned for September and October such as Shangri La Gardens, Varner-Hogg Plantation, and City By the Bay Tour. The folks who traveled to Moody Gardens thought it was a great activity. In October the Center bus will be heading there again so if you missed the other trip or want to go again to experience another of the attractions you have another chance. Speaking of food (a favorite of Seniors) coming up is Pasta Pot Luck, Oktoberfest, Learning Lunches, etc.

I want to call your attention to two events planned offering services to seniors: flu shots in September and a Medicare Seminar offered on Saturday October 1. The changes in Medicare will be discussed.

Will this hot, dry summer ever end? Don’t let it keep you at home. Come on down to the Senior Center where it is cool and busy or hop on the air-conditioned bus for trips and meals. See you there!

SENIOR DANCE
More of our seniors are re-discovering the fun of music and dance from "Country Now & Then." Mark your calendar and take part in an evening of fun with friends. Be Sure Not To Miss This Activity.
Date: Tuesday, September 20
Time: 7 PM
Cost: $5 @ The Door

OKTOBERFEST
Come have a festive German lunch with us. We’re going to give it all we’ve BRAT. Missing this event would be the worst thing you could do!
DATE: THURSDAY OCTOBER 20
TIME: 11:00 AM
COST: $5.00
SEPTMBER TRIPS AND EVENTS

ANYONE FOR MURDER/HARBOR PLAYHOUSE-DICKINSON
Comedy Thriller From The Creators Of The TV Series “The Avengers”.
DATE: FRIDAY SEPTEMBER 9
TIME: 6:30 pm
Cost: $14

LEARNING LUNCH
Join Us For Lunch The 2ND Thursday Every Month. Always Free And Informative.
DATE: THURSDAY SEPT. 8/OCT. 13
TIME: 11 AM

VARNER-HOGG PLANTATION-WEST COLUMBIA
Step Back In Time and Tour The Home Of Former Texas Governor James Hogg.
DATE: THURSDAY SEPTEMBER 15
TIME: 8 AM
COST: $3 Fuel/$6.00 @ The door

FLU SHOTS
DATE: FRIDAY SEPTEMBER 16
TIME: 1pm-5pm

FREE MASSAGES
Don’t Miss This Opportunity To Take
A Little Time To Get Pampered!
DATE: TUESDAY SEPTEMBER 13
TIME: 8 AM-11AM
PLEASE SEE STAFF MEMBER TO MAKE YOUR APPOINTMENT

LUNCH BUNCH –SAN LEON BUBBA’S SHRIMP PALACE
You Won’t Want To Miss Great Seafood And The Great View Of Galveston Bay.
DATE: TUESDAY SEPTEMBER 20
TIME: 10:15 AM
COST: $2 FUEL PLUS THE COST OF LUNCH

SHANGRI LA GARDENS– ORANGE, TX
Visitors Will Board A Pontoon Boat And Take A Short Ride On Adams Bayou To The Cypress/ Tupelo Swamp.
DATE: THURSDAY SEPTEMBER 29
TIME: 7AM
COST: $12

COMING IN NOVEMBER
Veteran’s Breakfast
Hooray For The Holidays

ALVIN SENIOR CENTER WILL BE CLOSED MONDAY SEPTEMBER 5 FOR LABOR DAY.
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<th>Sun</th>
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|     |     |     |     | **1** | BRIDGE 1 PM  
DANCE FITNESS 10:15 AM  
BODY RECALL / DOMINOES 1 PM |     |
|     |     |     |     | **2** | ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / DOMINOES 1 PM |     |
| **3** |     |     |     |     |     |     |
| **4** |     | **5** | **6** | 6 BRIDGE 9:30 AM | 7 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / OIL PAINTING / DOMINOES 1 PM |     |
|     |     | **7** | **8** | 8 BRIDGE 1 PM  
CROCHETING 1:30 PM | 9 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / DOMINOES 1 PM  
ANYONE FOR MURDER 6:30 PM | **10** |
| **11** | **12** | **13** | **14** | 14 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / OIL PAINTING 1PM | 15 BRIDGE 1 PM  
CROCHETING 1:30 PM  
VARNER-HOGG PLANTATION 8 AM NO SEW BLANKET 10 AM |     |
|     | **15** | **16** | **17** | 17 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / DOMINOES 1 PM  
FLU SHOTS |     |     |
| **18** | **19** | **20** | **21** | 21 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / OIL PAINTING 1PM | 22 BRIDGE 1 PM  
CROCHETING 1:30 PM |     |
|     | **22** | **23** | **24** | 23 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / DOMINOES 1 PM |     |     |
| **25** | **26** | **27** | **28** | 28 ACES 9 AM  
DANCE FITNESS 10:15 AM  
BODY RECALL / OIL PAINTING 1PM | 29 BRIDGE 1 PM  
CROCHETING 1:30 PM  
SHANGRI LA GARDENS 7 AM | **30** |
|     | **29** | **30** |     |     |     |     |
# October 2011

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|     |     |     |     |     |     | **1**
|     |     |     |     |     | **1 MEDICARE SEMINAR 10-2** |     |
| 2   | 3   | 4   | 5   | 6   | 7   | 8   |
| ACES 9 AM | BRIDGE 10 AM | BRIDGE 9:30 AM PASTA POTLUCK 11 AM WREATH CLASS 9 AM | ACES 9 AM BRIDGE 10 AM DANCE FITNESS 10:15 AM BODY RECALL/ OIL PAINTING/ DOMINOES 1 PM | BRIDGE 1 PM CROCHETING 1:30 PM WREATH CLASS 9 AM | ACES 9 AM DANCE FITNESS 10:15 AM BODY RECALL/ DOMINOES 1 PM |     |
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| ACES 9 AM | BRIDGE 10 AM DANCE FITNESS 10:15 AM BODY RECALL/ DOMINOES 1 PM | BRIDGE 9:30 AM CARDS & DOGS 10 AM MOODY GARDENS 9:30 AM | ACES 9 AM BRIDGE 10 AM DANCE FITNESS 10:15 AM BODY RECALL/ OIL PAINTING 1PM | BRIDGE 1 PM CROCHETING 1:30 PM LEARNING LUNCH 11 AM | ACES 9 AM DANCE FITNESS 10:15 AM BODY RECALL/ DOMINOES 1 PM |     |
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| ACES 9 AM | BRIDGE 10 AM DANCE FITNESS 10:15 AM BODY RECALL/ DOMINOES 1 PM |     |     |     |     |     |
| HALLOWEEN |     |     |     |     |     |     |
OCTOBER TRIPS AND EVENTS

PASTA POT LUCK
Bring Your Perfect Pasta Creation To Share And Sample. A Few Other Plates Of Pasta Perfection.
DATE: TUESDAY OCTOBER 4
TIME: 11 AM
COST: PASTA DISH TO SHARE

MOODY GARDENS/GALVESTON
“SENIOR TUESDAYS”
Penguins, Pyramids, Rainforest! All attraction only $5.00 each. Minimum: 8
DATE: TUESDAY OCTOBER 11
TIME: 9:30 AM
COST: $2 FUEL $5 TICKET @ DOOR

MEDICARE SEMINAR
This Seminar Is a Community Event But Focuses On Seniors. Learn All Of The Changes Coming Up In Medicare.
DATE: SATURDAY OCTOBER 1
TIME: 10 AM-2 PM
COST: FREE

LUNCH BUNCH- LA BRISA
LEAGUE CITY
Voted “2010 Best Mexican Food Restaurant”. Don’t Miss Out!!!
DATE: TUESDAY OCTOBER 18
TIME: 10:30 AM
COST: $2 FUEL + COST OF LUNCH

CITY BY THE BAY TOUR/TEXAS CITY
On This Guided Tour Of Texas City You Will Visit the Model Railroad Exhibit, Heritage Park, Texas City Dike, and More.
DATE: TUESDAY OCTOBER 25
TIME: 8:15 AM
COST: $2 FUEL/ $5 @ DOOR PLUS LUNCH @ THE REEF GUIDED TOUR: TRIP IS LIMITED TO 19. DEADLINE IS FRIDAY SEPTEMBER 23.

DELTA DOWNS
Stars Over Texas Will Be Taking A Day Trip To DELTA DOWNS. Bus Will Pick Up At Stanton’s Parking Lot. For More Information Please Call : 713-943-9506
COST: $15 TIME: 7 AM DATE: Wednesday October 26

COMING IN DECEMBER
Cookie Exchange Holiday Ballroom Dance

Alvin Senior Center is always looking for Volunteers who are trained, certified or have special skills they would like to share with others. Your “Expertise” is welcomed. Please call 281-388-4298
**PROGRAMS**

**CARDS AND DOGS**
Once a month learn new card games and enjoy time with friends. Play a little, laugh a little and eat a lot! Hot Dogs with all the “fixins” $1.
- **WHEN:** 2nd Tuesday
- **TIME:** 10:00 AM

**BODY RECALL**
This exercise class helps with mobility and flexibility. Call the Senior Center for more info.
- **WHEN:** MWF
- **TIME:** 1 – 2 PM
- **COST:** Call Center

**CROCHETING**
Join Grace Collins, in the craft room, for our Crocheting class. Learn to crochet or just come crochet with fun company.
- **WHEN:** Thursdays
- **TIME:** 1:30 – 3 PM

**T.O.P.S**
Join Caroline Saccomanno and her group to learn how to “Take Off Pounds Sensibly”. Stay fit and healthy the right way. For More Info Call 832-385-8265
- **WHEN:** Tuesdays
- **TIME:** 6:00 – 6:30 PM

**WII WEDNESDAYS**
Do you miss bowling? Wii have just what you need. Compete in monthly bowling tournaments or just come and “train” anytime of the month. This new interactive video game will make you feel like a kid again.
- **DATE:** Wednesdays
- **TIME:** 10 am – 12 pm
- **COST:** FREE

**BARBERSHOP CHORUS**
If you are a man and you like to sing come, check out this harmonious group. New members are always welcome.
- **WHEN:** Tuesdays
- **TIME:** 6 PM

**MAHJONG**
Do you know how to “Mahjong”? Come see what all the excitement is about and learn this fun and challenging game.
- **WHEN:** Wednesdays
- **TIME:** 1 PM

**LONE STAR LEGAL AID**
Legal Advice is back! Free one on one legal counseling is offered by Lone Star Legal Aid. Service by appointment only. Be sure to get an appointment in advance.
- **1-800-244-5492**
- **COST:** FREE

**BREAKFAST AND BONES**
Is there any better combination then a good breakfast and a fun group of domino players? We don’t think so! Enjoy a delicious breakfast, coffee and dominoes with us every week.
- **DATE:** Wednesdays
- **TIME:** 8:30 – 11:30 am
- **COST:** FREE

**T.O.P.S**
Join Caroline Saccomanno and her group to learn how to “Take Off Pounds Sensibly”. Stay fit and healthy the right way. For More Info Call 832-385-8265
- **WHEN:** Tuesdays
- **TIME:** 6:00 – 6:30 PM

**NO SEW BLANKET/GINGERBREAD HOUSE CLASS**
Cathy Hollis will be offering these fun classes again! Learn to make a blanket that involves “NO SEWING” or create a Ginger Bread House for the holidays.
- **NO SEW BLANKET:** Tuesday, September 15 @ 10 AM
- **Thursday October 25 @ 1 PM**
- **GINGERBREAD HOUSE CLASS:** Tuesday, November 29 @ 1 PM
CARD BINGO
This is a whole new spin on traditional BINGO. Bring your sense of adventure and $1 (IN DIMES) Fun awaits you!
DATE: Sept. 21/Oct. 19
Time: 10 AM

OIL PAINTING AND WATERCOLOR
Beverly Kimbrough’s painting class is back in full swing. Stop by to get the supply list and start painting today!
WHEN: Wednesdays
TIME: 1-3 PM
COST: FREE

TAI CHI
Tai Chi will help with balance, mood, and longevity. The class has moved to the First United Methodist Church on South Street.
WHEN: M-TH
TIME: 8:30 AM
COST: FREE

DOMINO TOURNAMENT
Bring your partner or come solo and we will partner you with another awesome domino player.
WHEN: Sept. 8/Oct. 17
TIME: 12:00 PM
COST: FREE

DANCE FITNESS
Have lots of fun while learning the dance steps to country/western, Latin, and ballroom dancing. Also, great exercise!
WHEN: M, W, F.
TIME: 10:15-11:00
COST: $1 donation

GAMERS
If you like games (especially dominoes) you will love this group! Stop by and introduce yourself to your new best friends!
WHEN: Mon. & Fri
TIME: 1-5 PM

ACES
This evidence based exercise class is so much fun you won’t know it is good for you. Playing to Stay Healthy!
DATE: MWF
TIME: 9 - 10 am
COST: FREE

WREATH MAKING CLASS
Come and learn how to make a beautiful Fall wreath to decorate your home. This class will continue thru out the year with different themes.
DATE: Tue. Oct. 4 & Thurs. Oct. 6
TIME: 9 AM-11AM

"falling leaves
hide the path
so quietly” – John Bailey, Autumn
Haiku
Alvin Senior Center  
216 W. Sealy - mail  
309 W. Sealy  
Alvin, TX 77511  
Monday – Friday 8:00 AM to 5:00 PM  
Office: 281-388-4298  
Fax: 281-388-4367  
Website: www.alvin-tx.gov  

Staff:  
Dan Kelinske  
Parks and Recreation Director  
Michelle Nesrsta  
Recreation Coordinator  
Jessica Aucoin—Hilton  
Recreation Attendant  
Ron Shepherd  
Senior Center Attendant  

SENIOR BOARD  
- Barbara Biggers, President  
- Marlena Nelson, Vice President  
- Wanda Garrett  
- Nell Shimek, Secretary  
- Beverly Kimbrough, Historian  
- Soila Soliz  

| **BUNCO** | First Thurs. of the month  
|           | (6:30–9:30)  
| **RETIRED SCHOOL EMPLOYEES** | First Thurs. of the month  
|           | (3–6 PM)  
| **GARDEN CLUB** | First Thurs. of the month  
| **ACTIONS** | Mon.–Fri.  
|           | (8–2 PM)  
| **DAYTIMERS** | 4th Mon. of the month  
|           | (10:30–12PM)  
| **ARE YOU OK?** | 2nd Fri. of the month  
|           | (10:00–12PM)  
| **LONE STAR DAY LILY** | 3rd Sun. of the month  
|           | (2–5 PM)  
| **MUSTANG CLUB** | First Fri. of the month  
|           | (1–2:30 PM)  
| **WOODMEN OF THE WORLD** | First Tues. of the month  
|           | (6–8 PM)  
| **GULF COAST QUILTERS** | First Wed. of the month  
|           | (6–9 PM)  
| **MONDAY QUILTING** | Mondays  
|           | (6:30–8:30PM)  
| **FRIDAY NIGHT SPECIAL BEE** | Fridays  
|           | (4:30 – 10 PM)  
| **MONDAY BRIDGE** | (10AM –1:30PM)  
| **TUESDAY BRIDGE** | (9:30 AM – 3:30PM)  
| **THURSDAY BRIDGE** | (1:00 – 5:00 PM)  

The Alvin Senior Center will be glad to assist you with room rentals for birthdays, graduation parties, baby showers, weddings, anniversaries or other types of parties or special events. We have a spacious facility and our rental rates are very reasonable. Call us for more information.  
281-388-4298