

Seniors on the Go

ALVIN PARKS AND RECREATION

JUNE 2009

COMMENTS FROM THE COORDINATOR - SHERRY WOLFE

As everyone knows June 1st to November 30th is Hurricane Season. If there is one thing history has taught is it is that awareness and preparation are key to minimizing the effects of a hurricane disaster.

According to the National Hurricane Center's website (www.nhc.noaa.gov) one of the most important decisions you will have to make is weather or not to evacuate. "If you are asked to evacuate, you should do so without delay. But unless you live in a coastal or low-lying area, an area that floods frequently, or in

manufactured housing, it is unlikely that emergency managers will ask you to evacuate. That means that it is important for you and your family to **HAVE A PLAN** that makes you as safe as possible in your home."

You can visit the NHC website for resources to help you be prepared. You should develop a family plan, create a disaster supply kit, plan your evacuation route, secure your home and create a pet plan. If you are worried about your preparedness be sure to come to this month's Learning Lunch.

Fathers Day Lunch

Hats off to the builder of the play house, Mower of lawns and the jack of all trades. Today is all about you! There will be no honey do lists to take care of today. Allow the Senior Center staff to cater to you and enjoy a delicious lunch fit for the *KING* we know you are!

DATE: June 18
TIME: 11:00 AM
COST: FREE

* *RSVP Today*



SPECIAL EVENTS IN JUNE:

- *Colony Cellars*
- *Summer Ballroom Dance*
- *Lunch Bunch - MiMi's Café*
- *Delta Downs*
- *The Nature of Diamonds*
- *Learning Lunch*
- *Red Pepper's - Café Annice*

COMING UP:

- *Luau*
- *Terra Cotta Warriors*
- *Lunch Bunch - Spaghetti Warehouse*
- *Rock the Dock*
- *Phantom of the Opera*

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JUNE TRIPS AND SPECIAL EVENTS

Summer Ballroom Dance

It's time to ballroom! Don't miss the last dance until September! Live big band music will be provided by *The Ambassadors*. Bring a friend and enjoy the sounds of summer fun at the Senior Center. Don't forget to bring a snack to share with your friends.

DATE: June 9
TIME: 7 PM
COST: \$5



Colony Cellars

We are headed thirty miles Northwest of Houston to take a trolley tour of the Colony Cellars Winery which is set on fifty lovely acres of Katy Prairie. Trolley ride includes a free tasting of the delicious wines they have to offer. Mmm Mmm!

DATE: June 4
TIME: 9:00 AM
COST: \$15 plus lunch



Do you feel Lucky? Try your luck as we head back to Louisiana for casino fun.

DATE: June 30
TIME: 7:00 AM
COST: \$10.00

The Nature of Diamonds

The Museum of Natural Science now has Diamonds. Discover the rarest and most dazzling gems from collections throughout the world as the exhibit explores the human fascination with diamonds and provides an in-depth look at them as a natural substance.

DATE: June 24
TIME: 9:00 AM
COST: \$24.00



APRIL 8-12, 2010: CARNIVAL CARIBBEAN CRUISE



COZUMEL,
MEXICO

Cabin Cost

(based on double occupancy)

Inside: \$445.41/person

Ocean View: \$495.51/person

Payment Details

\$25 deposit by July 30th

\$175 payment by December 1st

Final Balance due February 1, 2010

LEARNING LUNCH

LEARNING



LUNCH

Hurricane Preparedness

The Second Thursday of every month come have lunch on us and learn a little something while you are here. Topics will vary but will always be top notch. Join us, I bet you learn something. This month starts hurricane season so come enjoy lunch and make sure you are ready for the 2009 season.

DATE: June 11

TIME: 11 AM

COST: FREE

**RSVP*

LUNCH BUNCH

MiMi's

Come visit a fun little place in Pearland with good food and good atmosphere. You may have seen it when driving through Pearland Town Center. MiMi's takes a traditional lunch and tweaks it to perfection. You will definitely want to check out the restaurant that was named 2008's Gold Award Winner for Consumer's Choice in Chains - Casual Dining by Restaurants & Institutions Magazine.

DATE: June 8

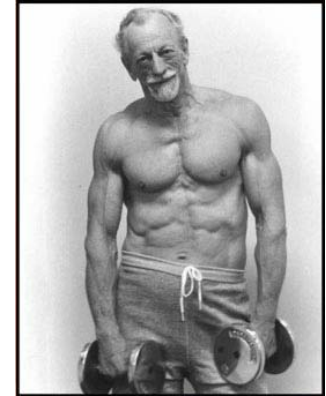
TIME: 11:00 AM

COST: \$2:00



JUNE HEALTHLETE OPPORTUNITIES

- Father's Day Lunch, June 18 at ASC (15 points)
- Senior Ballroom Dance, June 9 at ASC (15 points)
- Learning Lunch, June 11 at ASC (15 points)
- Wii Wednesday, June 10 at ASC (15 Points)
- ACES, Monday, Wednesday and Friday at ASC (15 points)
- Body Recall, Monday, Wednesday and Friday at ACS (15 points)



RED HAT SOCIETY - ALVIN RED PEPPERS

Red Pepper - Café Annice

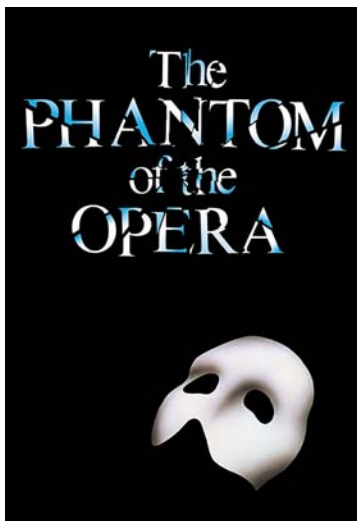
“Café Annice is Lake Jackson’s upscale casual dining restaurant proudly featuring steak’s, chops, pastas, and seafood, with an innovative blend of ingredients, substance and techniques for a captivating flavor.” We are going to see if they live up to all we have heard!

DATE: June 19
TIME: 10:30 AM
COST: \$3.00 plus



SOMETIMES MILD, SOMETIMES WILD

UPCOMING SHOWS



Phantom of the Operan

“Andrew Lloyd Webber’s international award-winning phenomenon directed by Harold Prince has woven its magical spell over standing room audiences in more than 100 cities worldwide. The Phantom of the Opera, the longest running show in Broadway history, now comes/ returns to Houston to take *your* breath away. “

DATE: July 23
TIME: 7:00 PM
COST: \$35

* *Must register by June 25th*

PROGRAMS

CROCHETING

Join Grace Collins, in the craft room for our Crocheting class. Learn to crochet or just come crochet with fun company.

WHEN: Thursdays
TIME: 1:30 - 3 PM

BODY RECALL

This exercise class helps with mobility and flexibility. Call the Senior Center for more info.

WHEN: MWF
TIME: 1 - 2 PM
COST: Call Center

BARBERSHOP CHORUS

If you are a man and you like to sing come check out this harmonious group. New members are always welcome.

WHEN: Tuesdays
TIME: 6 PM

QUILTING

Beginning and Intermediate quilting instruction offered by Sue Driscoll.

WHEN: Mondays
TIME: 6 - 8:30 PM

Legal Lecture

Lone Star Legal Aid is back and starting a lecture series before their normal one on one legal appointments.

DATE: June 18
TIME: 10:00 AM
TOPIC: Disaster Relief



T.O.P.S

Join Sue Davis and her group to learn how to "Take Off Pounds Sensibly". Stay fit and healthy the right way.

WHEN: Tuesdays
TIME: 6:30 - 8 PM

MAH JONGG

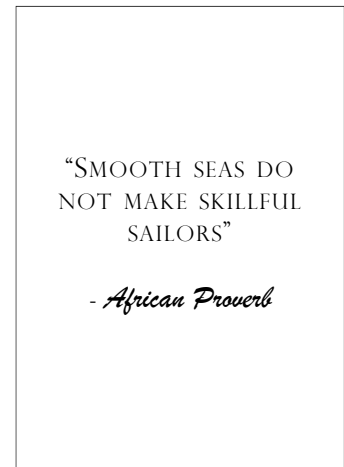
Do you know how to "Mah Jongg"? Come see what all the excitement is about and learn this fun and challenging game.

WHEN: Wednesdays
TIME: 1 PM

GRIEF & LOSS SERIES

Rebecca Deaton, Director of Bereavement Services, will be starting a weekly grief and loss series starting June 2nd.

WHEN: Tuesdays
TIME: 10:30 am- noon



PROGRAMS



Card BINGO

This is a whole new spin on traditional BINGO. Bring your sense of adventure and \$1. Fun awaits you!

DATE: June 17
TIME: 10 am - 12 pm
COST: \$1

ACES

This evidence based exercise class is so much fun you won't know it is good for you. Playing to Stay Healthy!

DATE: MWF
TIME: 9 - 10 AM
COST: FREE

ALED

Twenty week Active Living Everyday course. Practical and real life ways to improve your health.

DATE: Tuesdays
TIME: 9: - 10 AM

COMPASSIONATE CHORAL

Marlena Nelson leads the best Gospel Sing – A – Long around.

WHEN: June 2 & 16
TIME: 10 AM

“ROSES ARE RED,
 VIOLETS ARE BLUE,
 BUT THEY DON'T GET
 AROUND LIKE THE
 DANDELIONS DO.”

- Slim Acres

GAMERS

If you like games (especially dominoes) you will love this group!

WHEN: Mon. & Fri
TIME: 1 - 5 PM

ALVIN COUNTRY SQUARES

Do-Si-Do your partner and square up with the best little square dance club in Texas.

WHEN: Thursdays
TIME: 7:30 PM
COST: \$4



JUNE BIRTHDAY CELEBRATION

Berlene from Alvin Health Care will be at the Center honoring all those December babies!

WHEN: June 25
TIME: 10 AM

DOMINO TOURNAMENT

Bring your partner or come solo and we will partner you with another awesome domino player.

WHEN: June 8
TIME: 1 PM

PROGRAMS

WII WEDNESDAYS

Do you miss bowling? Wii have just what you need. Compete in monthly bowling tournaments or just come and “train” anytime of the month. This new interactive video game will make you feel like a kid again.

DATE: June 10
TIME: 10 am - 12 pm
COST: FREE

BREAKFAST & BONES

Is there any better combination then a good breakfast and a fun group of domino players? We don't think so! Enjoy a delicious breakfast, coffee and dominoes with us every week.

DATE: Wednesdays
TIME: 8:30 - 11:30 am
COST: FREE

LONE STAR LEGAL AID

Legal Advice is back! Free one on one legal counseling is offer by Lone Star Legal Aid. Service is first come first serve. Be sure to get an appointment in advance.

DATE: June 18
TIME: 11 am
COST: FREE

ANNOUNCEMENTS

- Visit the City Website and sign-up to receive email alerts about any new happenings at the Center. Simply go to: <http://www.alvin-tx.gov> and click “subscribe to email alerts”.
- The senior center is always looking for new programs and classes. If you or someone you know have a talent you would like to share with your peers please talk to a staff member today so we can get you started.
- If you are interested in serving on the Senior Board please talk to a staff member today.
- Both our painting and ceramics class are on break until the Fall.
- As many of you may have heard Joe's BBQ was planning to move their monthly FREE Senior Breakfast to the Alvin Senior Center. After polling all of you Joe has decided to keep doing his FREE monthly breakfast at the Joe's BBQ Banquet Hall. Be sure to stop in and see him for a free breakfast the last Monday of every month.

SENIOR BOARD

- Barbara Biggers, *President*
- Beverly Kimbrough, *Historian*
- Kathy Jennings, *Secretary*
- Wanda Garrett
- Marlena Nelson, *Vice President*
- Jerry White

Our next board meeting will be Monday, June 8 at 9 AM.

CONTACT US:

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 Alvin, TX 77511
 Monday - Friday 8:00 AM to 7:00 PM

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Staff:

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Joan Pagan

Receptionist

Arthur Pryor

Opener / Closer

Jessica Aucion- Hilton

Recreation Specialist

Edward Hersh

Parks and Recreation Director

THE ALVIN SENIOR CENTER WILL BE GLAD TO ASSIST YOU WITH ROOM RENTALS FOR BIRTHDAYS, GRADUATION PARTIES, BABY SHOWERS, WEDDINGS, ANNIVERSARIES OR OTHER TYPES OF PARTIES OR SPECIAL EVENTS. WE HAVE A SPACIOUS FACILITY AND OUR RENTAL RATES ARE VERY REASONABLE. CALL US FOR MORE INFORMATION.
 281-388-4298



ORGANIZATIONS

BUNCO	June 4 (6:30-9:30)
RETIRED SCHOOL EMPLOYEES	No Meeting This Month
GARDEN CLUB	No Meeting This Month
ACTIONS	Mon.-Fri. (8-2 PM)
DAYTIMERS	June 22 (10:30-12:45PM)
ARE YOU OK?	June 12 (10AM-12PM)
LONE STAR DAY LILY SOCIETY	No Meeting This Month
MUSTANG CLUB	June 5 (1-2:30 PM)
WOODMEN OF THE WORLD	June 2 (6-8 PM)
GULF COAST QUILTERS GUILD	June 3 (6 - 9 PM)
DIZZY BUSY BEE QUILTING	Mondays (6:30 -10PM)
FRIDAY NIGHT SPECIAL BEE	Fridays (4:30 - 10 PM)
MONDAY BRIDGE	June 8 & 12 (10AM - 1:30PM)
TUESDAY BRIDGE	No Meetings This Month
THURSDAY BRIDGE	No Meetings This Month