

Seniors on the Go

ALVIN PARKS AND RECREATION

JUNE 2008

COMMENTS FROM THE COORDINATOR- SHERRY WOLFE

As another summer roles around so do the many holiday's that take place during the summer. This month brings Flag Day which is the anniversary of the Flag Resolution of 1777.

During the early days of the Revolutionary War a variety of different flags were used by the different colonies with everything from pine trees to rattlesnakes as their emblems. In 1775 a committee decided to form a new flag. The flag consisted of 13 strips of red and white with

the cross of St. George and St. Andrew on a blue field.

It wasn't until June 14, 1777 that Congress passed an act stating "That the Flag of the thirteen United States be thirteen stripes, alternation red and white, that the union by thirteen stars white in a blue field, representing a new constellation."

Finally in August of 1949 President Truman signed an Act of Congress making June 14th National Flag Day and this month we get to celebrate our wonderful flag.

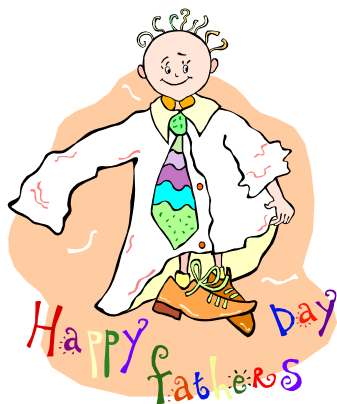
SPECIAL EVENTS IN JUNE:

- *Fathers Day Lunch*
- *Summer Ballroom Dance*
- *Colonel Paddle Wheeler*
- *Lunch Bunch - Café Adobe*
- *Federal Reserve Bank*
- *Sea Turtles*
- *Red Pepper's - Varner Hogg Plantation*

COMING UP:

- *Luau*
- *Fall BBQ and Open House*
- *Western Caribbean Cruise*

FATHERS DAY LUNCH



Put down the honey do list and take a break. The Senior Center Staff have been busy cooking up something great. Join us for our annual Fathers Day lunch and as always it's on the house. Please RSVP to 281-388-4298 by June 9, 2008.

DATE: Friday, June 13
TIME: 11:00 AM
COST: FREE

INSIDE THIS ISSUE:

TRIPS & EVENTS	2
SWEET SPOT	3
PROGRAMS	4
ANNOUCEMENTS	7
ORGANIZATIONS	8
CONTACT Us	8

JUNE TRIPS AND SPECIAL EVENTS

Sea Turtles

We are headed to the island to learn about Sea Turtles. Noah Fisheries will give us a guided tour of the sea turtle refuge. You might even see some hatching eggs or a release back into the wild.

DATE: Thurs., June 26
TIME: 9:00 AM
COST: \$4



Summer Ballroom Dance

Summer is here and that mean's it's time for our Annual Summer Ballroom Dance. Come enjoy the sounds of *The Ambassadors*. Summer never sounded so good. Please bring a snack to share.

DATE: Tues., June 10
TIME: 7 PM
COST: \$5

Federal Reserve Bank

Congress Created the Federal Reserve System in 1913 to serve as the central bank of the United States and to provide the nation with a safer, more flexible, and more stable monetary and financial system. Let's take a look at how all this works.

DATE: Thur., June 5
TIME: 9:00 AM
COST: \$4 plus lunch

Colonel Paddle Wheeler



Set sail on the COLONEL, narrated live by our captain as he takes you around Offats Bayou where passengers will hear about Galveston's memorable past while viewing beautiful Moody Gardens, Palm Beach, and the three memorable pyramids housing the Rainforest, Discovery Museum and the Aquarium. RSVP by June 1st.

DATE: Tues., June 17
TIME: 11:00 AM
COST: \$11 plus lunch

LUNCH BUNCH

Lunch Bunch - Café Adobe

This Mexican restaurant came highly recommended from a big “foodie”. It also has the famous Fried Avocado. See if you think it is better than Los Cucos.

DATE: Wed., June 11
TIME: 10:45 AM
COST: \$3 plus lunch



RED HAT SOCIETY - ALVIN RED PEPPERS

Red Peppers –Varner Hogg Plantation

This Texas Historical Site owned by Gov. James S. Hogg was bought in 1902 with investments in mind, but was later loved by all and kept in the family. In 1958, it was donated to the state as a tribute to Gov. Hogg and other American heroes. Sign-up today!

DATE: Fri., June 20
TIME: 10:45 AM
COST: \$4 plus lunch



Sometimes MILD, Sometimes WILD

COMMUNITIES IN SCHOOL'S NEEDS YOUR HELP!!!

Communities in Schools of SE Harris and Brazoria Counties will be administering a Department of Education mentoring grant in the Alvin Independent School District.

A mentor is a trusted adult friend with a long-term consistent commitment to youth. Mentors will share time with a student providing academic assistance as well as guidance and support.

Students will receive academic as well as structured enrichment activities on a weekly basis at their home campus from 4-5 pm. This program will help students build healthy relationships with caring individuals and teach them skills for life. It is a perfect opportunity for the mentor to be able to give back to the community by impacting the life of a young person in a positive way.

If you have any questions or would like to make a difference contact Janice Brody, 713-591-5941, or Sylvia Castro, 979-849-6611 x 314.

PROGRAMS

CRAFTY AFTERNOONS

Get in touch with your crafty side as our very own Lupe Hadlett will teach you how to make crafts for every season.

WHEN: Wednesdays
TIME: 3 PM

DOMINO TOURNAMENT

Bring your partner or come solo and we will partner you with another awesome domino player.

WHEN: Tues., June 10
TIME: 1 PM

T.O.P.S

Join Sue Davis and her group to learn how to "Take Off Pounds Sensibly". Stay fit and healthy the right way.

WHEN: Tuesdays
TIME: 6:30 - 8 PM

CERAMICS

Paint and socialize in our craft room with Elizabeth Burford.

WHEN: Wednesdays
TIME: 10 AM to noon
COST: \$1 for supplies

CROCHETING

Join Grace Collins, in the craft room for our Crocheting class. Learn to crochet or just come crochet with fun company.

WHEN: Thursdays
TIME: 1:30 - 3 PM

SENIOR GAMES

This group formerly known as Senior Friends is always looking for new gamers. Join the fun!

WHEN: Fridays
TIME: 1 PM



MAH JONGG

Do you know how to "Mah Jongg"? Come see what all the excitement is about and learn this fun and challenging game.

WHEN: Wednesdays
TIME: 1 PM

QUILTING

Beginning and Intermediate quilting instruction offered by Sue Driscoll.

WHEN: Mondays
TIME: 6 - 8:30 PM



PROGRAMS



"WHEN ONE DOOR
OF HAPPINESS CLOSES,
ANOTHER OPENS;
BUT OFTEN WE LOOK
SO LONG AT THE
CLOSED DOOR THAT
WE DO NOT SEE THE
ONE THAT HAS BEEN
OPENED FOR US."

- Helen Keller

WELLNESS WEDNESDAY

Qualified practitioners will be at the center doing blood pressure and health screening.

WHEN: 1st and 3rd
Wednesday
TIME: 10 AM

COMPASSIONATE CHORAL

Marlena Nelson leads the best Gospel Sing – A – Long around.

WHEN: 1st and 3rd
Tuesday
TIME: 10 AM

OIL PAINTING & WATERCOLOR

Oil Painting and water color classes will be on break for the summer. If you are interested in joining in the Fall talk to a staff member today.

JUNE BIRTHDAY CELEBRATION

Berlen from Alvin Health Care will be at the Center honoring all those June babies!

WHEN: Thurs., June 26
TIME: 10 AM

BINGO

BINGO is back! Winchester Lodge will be at the Center sponsoring BINGO once a month don't miss the fun.

WHEN: June 4
TIME: 10 AM

BARBERSHOP CHORUS

If you are a man and you like to sing come check out this harmonious group. New members are always welcome.

WHEN: Tuesdays
TIME: 6 PM

GAMERS

If you like games (especially dominoes) you will love this group!

WHEN: Mondays
TIME: 1 - 5 PM

ALVIN COUNTRY SQUARES

Do-Si-Do you partner and square up with the best little square dance club in Texas.

WHEN: Thursdays
TIME: 7:30 PM
COST: \$4



PROGRAMS

LONE STAR LEGAL AID

Free legal assistance is offered by Lone Star Legal Aid. Make an appointment today.

WHEN: Tues., June 17
TIME: 10 AM



CANASTA

Do you love to play Canasta or would you like to learn? Come check out this new card playing group

WHEN: 1st & 3rd Tues
TIME: 10 AM



BODY RECALL

This exercise class helps with mobility and flexibility. Call the Senior Center for more info.

WHEN: MWF
TIME: 1 - 2 PM

Red Peppers BINGO

Try your luck at this month's BINGO bash. Bring a \$5 wrapped gift and a covered dish.

DATE: Fri., June 6
TIME: 11:00 AM

SENIOR SWEET SPOT

Ingredients

- | | |
|--------------------------------|------------------------|
| 2 cans Crescent Rolls | 1 stick butter |
| 1 8 oz package of cream cheese | 1/2 cup cinnamon sugar |
| 1 cup sugar | |

Michelle's Sopapilla Cheesecake

Spray bottom of a 9 x 12 pan with cooking spray. Mix cream cheese, sugar and vanilla until smooth. Unroll and press one package of crescent rolls to cover the bottom of the baking pan. Press perforations to seal. Evenly spread cream cheese mixture over rolls in pan. Roll second package of crescent rolls to fit; press perforations to seal, and lay on top of cheese mixture. Sprinkle cinnamon sugar on top. Bake at 350 degrees for 25 minutes. Enjoy!



OVERNIGHT EXCURSION

WESTERN CARIBBEAN CRUISE

The Alvin Senior is taking its first ever cruise! We set sail on September 15, 2008 for a sunny tour of the Western Caribbean aboard Carnival's Ecstasy! Rates include cruise, port charges, government fees and fuels service fee. All rooms are double occupancy. An initial deposit of \$300 is required to secure your spot. All fees must be paid in full by June 17, 2008.

*** MUST HAVE A VALID PASSPORT ***

DATE: Monday, September 15 - Saturday, September 20
TIME: Depart 12:00 pm and arrive back 12:00 pm
COST: Inside cabin \$477.00 outside cabin \$507.00



Itinerary

Day 1: Galveston	Day 4: Cozumel
Day 2: Day at Sea	Day 5: Day at Sea
Day 3: Progreso	Day 6: Galveston

ANNOUNCEMENTS

- Visit the City Website and sign-up to receive email alerts about any new happenings at the Center. Simply go to: <http://www.alvin-tx.gov> and click "subscribe to email alerts".
- Please note all deadline for trip registrations. If we do not meet our minimum by the deadline the trip will be cancelled.
- There are only a couple more weeks to register for the Caribbean Cruise.

SENIOR BOARD

- | | | |
|--------------------------------------|---------------------------------------|-----------------------------------|
| • Barbara Biggers, <i>President</i> | • Beverly Kimbrough, <i>Historian</i> | • Mary Morrison, <i>Secretary</i> |
| • Brenda Townsend, <i>Vice Pres.</i> | • Marlena Nelson | • Kathy Jennings |
| | • Betty Swain | |

Our next board meeting will be Monday, June 9 at 9 AM.

CONTACT US:

Alvin Senior Center
 216 W. Sealy - mail
 309 W. Sealy
 Alvin, TX 77511
 Monday - Friday 8:00 AM to 7:00 PM

Office : 281-388-4298
Fax : 281-388-4367
Website: www.alvin-tx.gov

Staff:

Sherry Wolfe

Coordinator
 Email- swolfe@cityhall.cityofalvin.com

Michelle Nesrsta

Assistant Coordinator
 Email - mnesrsta@cityhall.cityofalvin.com

Arthur Pryor

Opener / Closer

Eric Nesrsta

Recreation Specialist

Edward Hersh

Parks and Recreation Director

THE ALVIN SENIOR CENTER WILL BE GLAD TO ASSIST YOU WITH ROOM RENTALS FOR BIRTHDAYS, GRADUATION PARTIES, BABY SHOWERS, WEDDINGS, ANNIVERSARIES OR OTHER TYPES OF PARTIES OR SPECIAL EVENTS. WE HAVE A SPACIOUS FACILITY AND OUR RENTAL RATES ARE VERY REASONABLE. CALL US FOR MORE INFORMATION.
 281-388-4298



ORGANIZATIONS

AEEC	No Meeting This Month
RETIRED SCHOOL EMPLOYEES	No Meeting This Month
GARDEN CLUB	No Meeting This Month
ACTIONS	Mon.-Fri. (8-2 PM)
DAYTIMERS	June 23 (1-3 PM)
ARE YOU OK?	June 13 (10 AM-12 PM)
LONE STAR DAY LILY SOCIETY	June 15 (2 - 5PM)
MUSTANG CLUB	June 6 (1-2:30 PM)
WOODMEN OF THE WORLD	June 3 (6-8 PM)
GULF COAST QUILTERS GUILD	June 4 (6 - 9 PM)
DIZZY BUSY BEE QUILTING	Mondays (6:30 -10PM)
FRIDAY NIGHT SPECIAL BEE	Fridays (4:30 - 10 PM)
MONDAY BRIDGE	June 9 & 23 (10AM - 1:30PM)
TUESDAY BRIDGE	June 10 & 24 (9:30AM - 3:30PM)
THURSDAY BRIDGE	No Meeting This Month